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STING

The Sports Information Publication of Cedarville University

Summer 2007

Vol. 22, No. 7

Three CU Hoopsters Recognized

The Cedarville University basketball programs continue to receive recognition for its quality athletes as three players have been awarded special honors.

Women's basketball performer Kristi Beougher was one of three President's Trophy recipients at Cedarville University's 111th Commencement ceremony on May 5, 2007. The President's Trophy, the highest honor for a graduating senior, recognizes leadership, ministry, community and campus involvement, athletic performance, and academic achievement.

Beougher, a senior youth ministry major from Louisville, Ky., averaged a second-best 10.4 points and 8.5 rebounds per game in helping the Lady Jackets to a fifth consecutive trip to the NAIA Division II National Tournament. The six-foot forward finished her career with 1,063 points and 908 rebounds.

Men's basketball player Ryan Short has been named the 2007 recipient of the prestigious NAIA Emil S. Liston Award. The annual award recognizes a male and female junior basketball player based on scholarship, character and playing ability.

Short, a 6-foot-2 guard who will be a senior at the University this coming year, was named to the NAIA Division II All-America Third Team after leading the 23-8 Yellow Jackets to an Elite Eight appearance. The exercise science major was also recognized as an NAIA Scholar-Athlete.

Short averaged a team-high 16.0 points per game as a junior and has already scored 1,253 career points. He serves as a team captain and has been a leader in the squad's off-the-court activities. Short has helped with a Hurricane Katrina relief trip, has traveled to Costa Rica and Jamaica for mission trips, and is involved in youth basketball camps.

Short is the second CU basketball player to be given the Liston Award. Kristi Beougher was the 2005-06 women's recipient.

Since 1950, the award honors the memory of the NAIA's first executive director Emil S. Liston. Mr. Liston was the founder of the National Association of Intercollegiate Basketball (NAIB) and played a principal role in the NAIA men's basketball tournament.



Kristi Beougher



Ryan Short



Kristi Beougher (center) is joined by Cedarville University president Dr. Bill Brown (left) and 2007 commencement speaker Mr. Chuck Colson, founder and chair of Prison Fellowship.

Women's basketball player Brittany Smart was recently selected MVP of the Coates Sports Management Pro Basketball Exposure Camp in Boston. Smart, a 5-foot-9 guard and a 2007 graduate of Cedarville University, is the reigning NAIA Division II National Player of the Year.

She was one of approximately 70 women to take part in the event on June 16-17 which included several NCAA Division I players, current pro players from overseas, and a few WNBA draftees. It was designed to give players with professional basketball aspirations the opportunity to showcase their skills in front of various pro scouts, coaches and agents.

Smart graduated with 23 Lady Jacket career, season, and single game records to her credit.



Brittany Smart

Inside this issue...

- Callan's Comments
- Spring Sports Highlights & Accomplishments
- Yellow Jacket Spring All-Americans/Scholar-Athletes
- 2006-07 NAIA Director's Cup and NCCAA President's Cup Final Standings
- Men's Soccer Team in Mexico
- STING Spotlight - Sarah Ensslen



A BANNER YEAR

by Dr. Don Callan



“When I arrived in Cedarville 47 years ago, there were no banners to hang in the gym (old Alford). We so wanted to have something to demonstrate that we were a legitimate collegiate program and that our athletes were indeed competitive. Well these many years later, we have had a “banner year”.

As I review the list of this year's accomplishments, I am excited for our athletes and coaches in the achievements of the year. This edition of the STING demonstrates the success the teams have had on the courts and fields.

Of far greater importance are the stories of how God has used the faithful witness of our athletes, then realizing, it is not a point total that determines the winner, but the impact we as Christians have as we follow God's plan. His Word give us the formula for success. The world's standard is – winning is everything – but so is God's. God, the Scripture says, looks on the heart not the outward appearance as man does. Yes, we think winning is very important in athletic competition, but our intent and focus at Cedarville University is the manner of accomplishing a win. Our attitude and how we compete is what really matters.

I have to admit, as I get older, I look at the list of achievements, and focus more on the NAIA Champions of Character winners, the special award winners such as the Scholar-Athletes, and prestigious awards like the NAIA's Liston Award that Ryan Short received or the President's Trophy presented to Kristi Beougher. These really define a Biblical approach to the Christian's attitude toward competition and winning. I Corinthians 9:24 says it this way in verses 25-27, “Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize.” The rest of this passage tells us that, “Everyone who competes in the games goes into strict training. They do it to get a crown that will last forever. Therefore I do not run like a man running aimlessly; I do not fight like a man beating the air. No, I beat my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.” Paul states in Philippians 3:14, “I press toward the goal to win the prize for which God has called me heavenward in Christ Jesus.”

Yes, winning is important and noteworthy, but let's keep it in a Biblical perspective, so that we may win the prize.

Dr. Don Callan is the former Dean of the School of Health and Human Performance at Cedarville University. He also previously coached the Yellow Jacket men's basketball team for 35 years and is a member of the NAIA Hall of Fame.



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Yellow Jacket Spring Sports Highlights



Sarah Ensslen (left), a senior from Glenmoore, Pennsylvania, captured the Triple Jump title at the NAIA Outdoor Championship with a school record-tying effort of 42-feet. She was one of eight CU female athletes to earn All-America recognition at the event held in Fresno, California.

The Cedarville University Lady Jacket track & field squad (right) posted their best-ever finish at the NAIA Outdoor Championship placing second out of 102 teams.



The Lady Jacket women's tennis team (left) finished as the 2007 National Christian College Athletic Association (NCCAA) national runner-up.

The squad was 13-7 overall with a 6-3 mark in the AMC.

Ben Michaud (right) was one of four Yellow Jackets to pick up All-America honors at the NAIA Outdoor Championship.

Michaud, a sophomore from Topsham, Maine, added nearly three feet to his school shot put record with a heave of 58-feet 5.25-inches to finish second in the event.



Jake Bezeck (right) was named to the NCCAA All-America First Team in singles and to the Second Team in doubles.

Bezeck, a senior from White Oak, Pennsylvania, was also voted to the All-American Mid-east Conference Team for the 2007 campaign. He was selected All-AMC in both singles and doubles.

Bezeck had a 10-9 mark at #1 singles and finished his career with a 43-27 slate.



Trevor Bowman (right) was a member of the successful 2006-07 Cedarville University men's golf team.

Bowman, a sophomore from Harpster, Ohio, was recently named to the Golf Coaches Association of America NAIA PING All-Region Team. He was joined on the squad by teammate Scott Aker.

Bowman averaged a team-best 75.62 strokes per 18 holes this season, finished as the NAIA Region IX Tournament runner-up, and was selected to the American Mid-east Conference Team.



Jessica Reyes (left) batted .342 for the CU women's softball team. She posted team-highs of nine doubles and three home runs.

Reyes, a junior utility player from Los Osos, California, made 37 starts this past spring by logging time at shortstop, centerfield, and as a pitcher.

Reyes was named to the NCCAA All-American First Team and to the AMC South Division Second Team.

Cedarville finished 12-27 with a 4-10 mark in the AMC South.



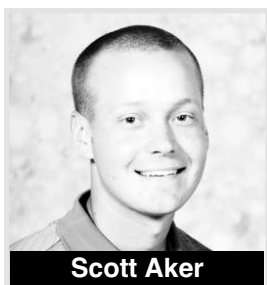
Paul Wilson (left) led the Yellow Jacket baseball squad in 10 offensive categories during the 2007 season.

Wilson, a junior shortstop from Allegany, New York, was also named to the NCCAA Midwest Region Team and the AMC South Division Second Team.

Wilson posted a team-best .393 batting average along with 24 runs scored, 18 RBI's, 62 total bases, a .554 slugging percentage and 21 stolen bases.

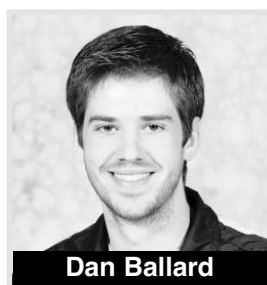


Spring 2007 NAIA/NCCAA All-Americans & Scholar-Athletes



Scott Aker

Golf
NCCAA All-American
NAIA Scholar-Athlete
NCCAA Scholar-Athlete



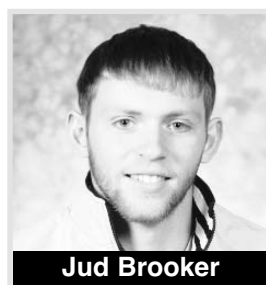
Dan Ballard

Tennis
NCCAA All-American
2nd Team
(Singles-Doubles)



Jake Bezeck

Tennis
NCCAA All-American
1st Team (Singles)
NCCAA All-American
2nd Team (Doubles)



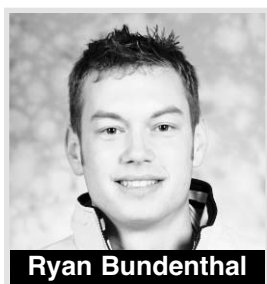
Jud Brooker

Track & Field
NCCAA All-American
(1,500 Meters)



Phil Buben

Baseball
NAIA Scholar-Athlete
NCCAA Scholar-Athlete



Ryan Bundenthal

Track & Field
NCCAA All-American
(400 Meter Hurdles)



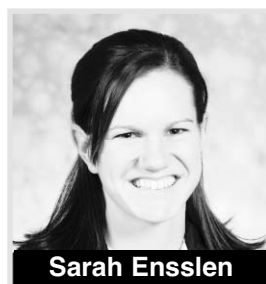
Matt Clark

Track & Field
NAIA Scholar-Athlete
NCCAA Scholar-Athlete



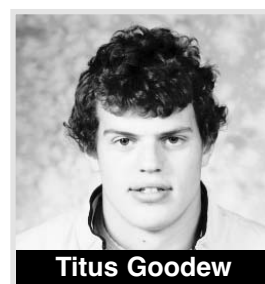
Bethany Davies

Track & Field
NAIA All-American
(400 Meter Hurdles, 4x400)
NCCAA All-American
(400 Meter Hurdles, 4x100, 4x400)



Sarah Ensslen

Track & Field
NAIA All-American (Triple Jump)
NCCAA All-American
(Triple Jump, Long Jump, 4x100)
NAIA & NCCAA Scholar-Athlete



Titus Goodew

Track & Field
NCCAA All-American
(Decathlon)



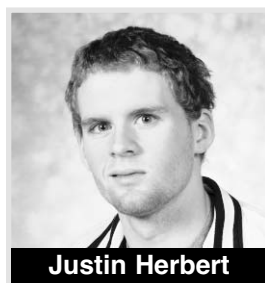
Stephanie Graff

Track & Field
NCCAA All-American
(3,000 Meter Steeplechase)



Neil Henning

Track & Field
NCCAA All-American
(Shot Put)



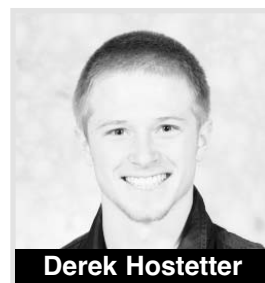
Justin Herbert

Track & Field
NCCAA All-American
(10,000 Meters)



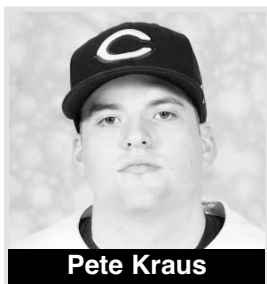
Keri Hilty

Track & Field
NAIA All-American
(800 Meters, 4x400)
NCCAA All-American
(800 Meters, 4x400)



Derek Hostetter

Tennis
NAIA Scholar-Athlete
NCCAA Scholar-Athlete



Pete Kraus

Baseball
NAIA Scholar-Athlete
NCCAA Scholar-Athlete



Kevin Kuhn

Track & Field
NAIA All-American
(3,000 Meter Steeplechase)
NCCAA All-American
(3,000 Meter Steeplechase)



Tara Leaman

Track & Field
NCCAA All-American
(Javelin, Discus)



Georgiann McClure

Tennis
NCCAA All-American
1st Team (Doubles)



Laura McCully

Tennis
NCCAA All-American
1st Team (Singles)
2nd Team (Doubles)
NAIA & NCCAA Scholar-Athlete

Spring 2007 NAIA/NCCAA All-Americans & Scholar-Athletes



Ben Michaud

Track & Field
NCCAA All-American
(Shot Put)



Samantha Modderman

Track & Field
NAIA All-American (5k and 10k)
NCCAA All-American (10k)
NAIA Scholar-Athlete
NCCAA Scholar-Athlete



Aubree Munson

Softball
NCCAA All-American
2nd Team



Emily Peacock

Track & Field
NCCAA All-American
(Hammer)
NAIA Scholar-Athlete
NCCAA Scholar-Athlete



Bryan Pittman

Track & Field
NCCAA Scholar-Athlete



Elisabeth Pyles

Track & Field
NAIA All-American
(3,000 Meter Steeplechase)
NCCAA All-American
(3,000 Meter Steeplechase; 5k)



Richie Reeder

Baseball
NAIA Scholar-Athlete
NCCAA Scholar-Athlete



Courtney Reid

Track & Field
NAIA All-American
(400 Meter Hurdles, 4x400)
NCCAA All-American
(100 Meter Hurdles, 400 Meter Hurdles, 4x100, 4x400)



Christina Reyes

Track & Field
NCCAA All-American
(1,500 Meters)



Jessica Reyes

Softball
NCCAA All-American
First Team



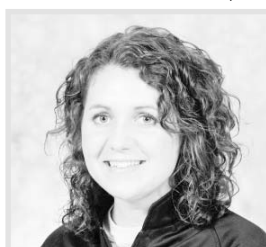
Marla Rice

Track & Field
NAIA All-American
(4x400)
NCCAA All-American
(4x100, 4x400)



Daniel Roberts

Track & Field
NAIA All-American
(1,500 Meters)
NCCAA All-American
(5,000 Meters)



Alisa Rutt

Tennis
NCCAA All-American
1st Team
(Singles-Doubles)



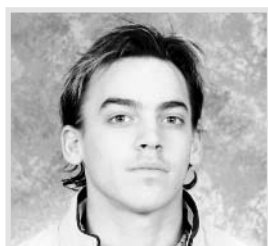
Nicole Santos

Track & Field
NAIA All-American
(5K and 10K)
NCCAA All-American
(10K)



Jim Sawin

Track & Field
NAIA & NCCAA All-American
(High Jump)
NAIA & NCCAA
Scholar-Athlete



Jason Scott

Track & Field
NCCAA All-American
(Pole Vault)



Betsy Verwys

Tennis
NCCAA All-American 1st Team (Singles)
NCCAA All-American 2nd Team (Doubles)
NAIA Scholar-Athlete
NCCAA Scholar-Athlete



Andrea Walker

Softball
NAIA Scholar-Athlete
NCCAA Scholar-Athlete



Melinda Workman

Tennis
NAIA Scholar-Athlete
NCCAA Scholar-Athlete



Bonnie Wright

Track & Field
NAIA Scholar-Athlete
NCCAA Scholar-Athlete



Cedarville Finishes No. 4 in NAIA Directors' Cup Standings

The Yellow Jacket athletics program placed a best-ever 4th overall in the NAIA United States Sports Academy Directors' Cup Standings for 2006-07. Azusa Pacific (Cal.) took home its third straight trophy, winning the hardware after scoring 978.25 points. The Cup is presented annually by the National Association of Collegiate Directors of Athletics (NACDA), United States Sports Academy and USA Today to the best overall collegiate athletics programs in the country. Lindenwood (Mo.) tallied its fourth runner-up finish in the history of the U.S. Sports Academy Directors' Cup standings. The Lions scored 796.25 points, scoring in the maximum six men's and women's sports. Concordia (Cal.) recorded its first top-five finish in the Eagles' history, finishing third with 740 points.

Cedarville finished in fourth place with 698.50 points. The Yellow Jackets recorded seven Top 10 finishes including national runner-up performances in women's cross country as well as women's outdoor track & field. Cedarville was third in women's basketball, fifth in men's basketball, sixth in women's indoor track & field, tenth in men's cross country and tenth in men's indoor track & field.

The Sports Academy Directors' Cup was developed as a joint effort between the National Association of Collegiate Directors of Athletics (NACDA) and USA Today. The United States Sports Academy, based in Daphne, Alabama, is the program sponsor. Points are awarded based on each institution's finish in up to 12 sports – six women's and six men's.

2006-07 NAIA USSADC Final Standings

| | | |
|----|----------------------------------|---------------|
| 1 | Azusa Pacific (Calif.) | 978.25 |
| 2 | Lindenwood (Mo.) | 796.25 |
| 3 | Concordia (Calif.) | 740.00 |
| 4 | Cedarville | 698.50 |
| 5 | Oklahoma Baptist | 639.50 |
| 6 | Lindsey Wilson (Ky.) | 630.50 |
| 7 | Simon Fraser (B.C.) | 614.00 |
| 8 | Dickinson State (N.D.) | 579.50 |
| 9 | MidAmerica Nazarene (Kan.) | 573.75 |
| 10 | McKendree (Ill.) | 570.00 |
| 11 | Olivet Nazarene (Ill.) | 565.25 |
| 12 | Oklahoma City | 557.00 |
| 13 | Embry-Riddle Aeronautical (Fla.) | 555.50 |
| 14 | Savannah Art & Design (Ga.) | 539.00 |
| 15 | California Baptist | 531.50 |
| 16 | Lee (Tenn.) | 523.00 |
| 17 | Point Loma Nazarene (Calif.) | 517.75 |
| 18 | Concordia (Ore.) | 495.00 |
| 19 | Morningside (Iowa) | 492.00 |
| 20 | Northwestern (Iowa) | 490.00 |
| 21 | Cumberlands (Ky.) | 485.00 |
| 22 | Hastings (Neb.) | 479.25 |
| 23 | Southern Nazarene (Okla.) | 459.50 |
| 24 | Vanguard (Calif.) | 455.50 |
| 25 | Indiana Wesleyan | 449.50 |

CU Repeats as NCCAA President's Cup Champion

Cedarville University was presented the National Christian College Athletic Association (NCCAA) President's Cup for winning the association's all-sports competition for the 2006-07 school year. It's the third time in the last four years that the Yellow Jackets have achieved the honor and the second year in a row.

Points are earned based upon a team's finish in an NCCAA National Championship. At least 33% of the division's membership must sponsor that sport in order for it to be eligible for the point system. Currently ten sports in NCCAA Division I are considered: men's golf, women's volleyball, soccer, cross country, indoor track & field, basketball, softball, track & field, tennis and baseball.

2006-07 President's Cup Final Standings

| | | |
|----|------------------------------|---------------|
| 1 | Cedarville | 106.50 |
| 2 | Indiana Wesleyan | 92.50 |
| 3 | Bethel (Ind.) | 64.00 |
| 4 | Malone (Ohio) | 56.00 |
| 5 | Greenville (Ill.) | 44.00 |
| 6 | Olivet Nazarene (Ill.) | 31.00 |
| 6 | Palm Beach Atlantic (Fla.) | 31.00 |
| 8 | North Greenville (S.C.) | 29.50 |
| 8 | Roberts Wesleyan (N.Y.) | 29.50 |
| 10 | Mount Vernon Nazarene (Ohio) | 29.00 |

Former CU Athlete Named Head Women's Volleyball Coach at NCAA III Bethany College

After two very successful seasons as head coach of the Penn State-Fayette women's volleyball team, Courtney (Williams) Kline has accepted the head coaching position at Bethany College in Bethany, West Virginia.

Kline, an '03 grad of Cedarville University, was a four-year member of the Lady Jacket volleyball team. She was named to the NCCAA All-Midwest Region Team in 2002 and ranks 11th all-time in both digs (1,374) and service aces (123) at Cedarville.

"We played Bethany the past two seasons, and when we went there in October, I liked the campus," added Kline. "I was offered the job and and I knew I would take it. I really want to coach in the NCAA."

In 2005 and 2006, Kline led Penn State-Fayette to Pennsylvania State University Athletic Conference (PSUAC) championships. She received PSUAC Coach of the Year honors in each season and was named the 2007 College Women's Coach of the Year by the Tri-County Athletic Directors Association.

Bethany College competes in the NCAA III Presidents' Athletic Conference (PAC) and Kline is looking forward to the challenge of building the Lady Bisons into a contender – Bethany is coming off a 1-11 conference record.

Kline feels her Cedarville experience and two years at Penn State-Fayette have prepared her well for this next level of coaching.



Courtney (Williams) Kline

Men's Soccer Team Shares Christ in Mexico



Members of the Yellow Jacket soccer squad give an overview before beginning a youth clinic at a private school in Mexico City.



The Cedarville University men's soccer team with a group of students after a soccer clinic in a Mexico City public school.



The CU men's soccer team poses with a group of students from a youth clinic at a private school.



Jason Heuer (right) and Jordan Leach (left) share stories from God's Word with a classroom of students in a Christian school.



Yellow Jacket junior Stephen Cobucci with two friends from a school in Mexico City after a soccer clinic.



Azteca Stadium after watching a Mexican Professional Soccer League match. Front row (left-to-right) Matt George, Tim Cox and Jason Heuer. Back row (left-to-right) Jason Cunningham, Tim Hoyt, Coach Ben Belleman.

Ensslen has a passion to serve beyond the track

by Jim Sawin, sports information intern

Sarah Ensslen is a dedicated track and field athlete whose hard work has paid dividends, especially during her final campaign as a Cedarville University Lady Jacket. The senior psychology major became only the fourth woman in CU track and field history to win an NAIA national title at the 2007 Indoor Championships on March 10. Ensslen, who has served as a team captain since her sophomore year, was victorious in the triple jump with a career-best leap of 40 feet, 4 inches, leading the Jackets to an all-time best 6th-place finish overall at the national meet.

"I knew I was going to compete well but I didn't expect to get first or to even jump 40 feet," said an excited Ensslen after NAIA Nationals. "What made it so exciting was that I was injured all three years prior, so it was a huge blessing from God. It was nice to reach a goal I have had since my junior year of high school."

Despite battling injuries throughout her career, Sarah has compiled a prestigious list of accomplishments during her time at Cedarville. The three-time NAIA All-American has never lost a National Christian College Athletic Association (NCCAA) National Indoor triple jump title, has won a combined nine NCCAA individual championships in the long and triple jump, and was named the Outstanding Field Performer at the American Midwest Conference (AMC) Championship meet on April 21 after winning the triple jump (40-4), long jump (18-5) and high jump (5-3.75). Sarah attributes her athletic success to God-given ability and hard work.

"I've always worked out a lot. Injuries in the past have hindered my workouts, but I've been able to train consistently this season," said the senior captain. "I do the sprinter workouts, lift three times per week and do three different types of plyometrics each week. I haven't taken off a day since Christmas break."

Ensslen's dedication goes beyond the athletic realm as she is even more passionate about serving Jesus Christ in ministry. She has served at Liberty Nursing Center since her freshman year and has been the ministry team leader for the past two years. She also helped start Southeastern Baptist Church in nearby South Charleston her first year of college and is still highly involved in the church, serving as the lead singer on the worship team and reaching the community through a number of programs. Sarah has made four trips to Bolivia during the summers as well to help build churches and homes for the native people.

Sarah was recently recognized for her athletic talent and selfless servanthood as she was honored with the Donald E. Callan Award. This award recognizes one CU senior female athlete on the basis of athletic ability, Christian service, scholarship, Christian character and leadership.

When asked how she balances athletics, school and ministry,

Sarah responded, "I really don't know because I do a lot of things. I just don't take breaks very often. I have gotten burned out before but usually it's due to extra circumstances going on, whether it's a life of a friend or a crisis, not necessarily because I have too much to do."

Sarah's kind acts stem from her love for Christ which has given her a passion to help others. She attributes much of this passion to a Bible class she took last semester at Cedarville University.

"Personal evangelism class has had a huge impact on my life with Dr. Blumenstock because it took me from focusing on myself to focusing on God," said the 2007 NAIA Champion of Character Award recipient. "Life has been more joyful and peaceful for me since that class."

Head track & field coach Jeff Bolender has also played a big role in Ensslen's development as both a track athlete and person. Throughout high school, Sarah felt a large amount of pressure to score in a number of events to help her team. Once she arrived at Cedarville, however, Coach Bolender helped relieve some of that unnecessary pressure.

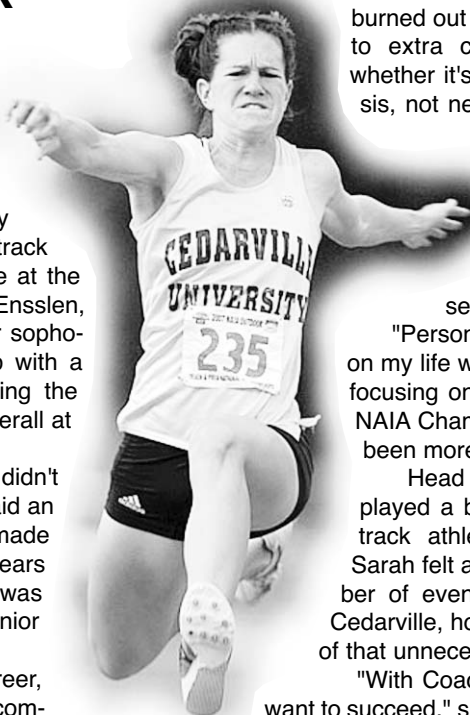
"With Coach Bo, it's all about your goals and how you want to succeed," said Ensslen. "It took awhile for me to get used to having my own goals but it was beneficial because I didn't feel the pressure. His encouragement and help in achieving my goals has been huge."

Sarah not only has performance goals such as leaping 42 feet in the triple jump and 19 feet in the long jump to break school records held by NAIA Hall of Fame member Stephanie Sherman Forrest, but she also wants to meet specific marks in the weight room. Her main lifting goal is to power clean 160 pounds. She set the goal in January when her best was 115 pounds. Her max is currently 140 pounds and she is determined to reach 160.

"I gave Sarah a list compiled by LSU assistant track and field coach Irving Schexnayder at the beginning of the season that has standards for elite athletes in various events," said Bolender.

"She may not be able to do everything the elite athletes can, but she wants to get as close as she can to those marks. It's been great to work with someone so intrinsically motivated and talented. She's pushed herself harder than just about anyone I've ever coached."

Sarah has set herself up for a successful future with her dedication to the Lord and determination in athletics. Upon graduating from Cedarville, she would like to pursue a master's degree in counseling before going into full-time ministry. Sarah is not sure where exactly God will lead her in the future, but she will continue to love others along the way.



Editor's Note: On May 26, 2007, Sarah met one of her major athletic goals by winning the triple jump at the NAIA Outdoor Championships with a school record-tying effort of 42-feet even as the Lady Jackets finished national runner-up.